



BRAMBLE HOLLOW FARM

MEAT CSA MENU

Breakfast Goodies

Farm Fresh Eggs

Recipe suggestion: Valued for their bright orange yolks, spring eggs are perfect in an omelette, frittata, scrambled or fried

Ginger and Coriander Sausage Links

Bulk Sage Breakfast Sausage

Recipe suggestion: Southern style sausage gravy

Ground Meat Goodies

The World's Best Bologna

Recipe suggestion: Brent's favorite, fried bologna sandwiches

Mild Italian Sausages

Sweet Italian Sausages

Recipe suggestion: Grill sausages and cut into coins. Serve over sautéed swiss chard or other greens with onions, mushrooms, asparagus and other vegetables

Dinner Goodies

Thick Center Cut Pork Chops

Recipe suggestion: These extra thick cuts would be great for stuffing with goat cheese and apples or pears. Please be careful not to overcook pork chops. Cook to 145- 165 degrees internal temperature.

Pastured Cornish Cross Chicken

Recipe suggestion: No Frills Straightforward (and really tasty) Chicken from Shannon Hayes at <http://www.shannonhayes.org/one-chicken-three-meals/>
